

Greetings! With a few minor points added for remote readings, this is a transcript of a recording that people who come for readings in person get to listen to before I start talking. It explains what the reading is about and takes about a half an hour to hear or read. Towards the end there are places that really apply to people sitting with me for the reading. You will be able to tell those places.

Thank you for your interest in contacting me! prem

Welcome. This is a psychic reading. You can also call it a life reading. It's about you, your life here and now, and why you are experiencing what you are experiencing here and now. It's an explanation of your life from the spiritual point of view, not just what are you are aware of, but also what you are only partly aware of or completely unaware of.

You have an idea about your self, and this is what you call you. But this idea is actually made up of many ideas all put together, some of them quite contradictory. There's the you you think you are and the you you don't want to think you are. And there's the you you don't want to think you are, but think you are anyway. There's the you you think others think you are, the you you don't want others to think you are, and the you others think you are. These aspects of your self-belief are all compacted in your mind and it gets confusing! There's other yous too, and there's the you you really are. This reading is going to focus a lot on the you you think you are and how you got to be the you you think you are, and the you you really are and why you don't fully realize the you you really are. In this way, it will hopefully end some of the confusion.

The you you think you are is your idea of yourself. It's your self image. It's the picture you have of yourself. This you you think you are, the bundle of ideas you have about yourself, has been developed throughout the course of your life as a result of experience; the experience of your relationship to other people, the experience of your relationship to the world, the experience of your relationship to yourself, the experience of your relationship to God, the experience of the programs that you run in your life, programs that operate your life, your own way of doing things, the experience of affirming your belief in yourself, and the experience of your teachings; teachings of who you are and your place in the world. This reading will look at this you you think you are and tell you how you became this person. It will tell you about your beliefs and programs and how these beliefs and programs are affecting your life here and now.

The reading will also tell you about another you: the you you think you want to be. Did you notice that I said, "THINK you want to be"? I said that because often there's a difference between the you you think you want to be and

the you you really want to be. The you you think you want to be is what you're conscious of. Often you're not completely conscious of the you you really want to be. I'll go into this in greater depth in a few minutes.

The reading might go into the you others think you are but probably not very much because ultimately that's not important. More likely it will tell you about the you you WANT others to think you are and why. But mostly it will talk about the you you think you are and the you you really are.

There's a fundamental truth of the universe which says that your experience is a projection. Your outer experience is a projection of your inner experience. The reading will tell you about the inter-relationships of your projections, because they all have the same source, which is you.

The you you really are is a divine being, an aspect of Divinity Itself. You are soul. You are not a body with a soul. You are a soul with a body, or an idea of a body, and Soul is divine. Therefore you are divinity with a body, or divinity incarnate. You just don't know it. And it can only be that way because God is All There Is in the entire universe. There is nothing but God. And since God is everything in the universe and you are part of the universe, you must be part of God. And since God is divine you must be divine. But divinity is a state of consciousness, and if you are not aware of this state of consciousness, which is the you you really are, this reading will tell you why not - what ideas in your mind block your realization and admission of this fact.

The information given in this reading come from four levels of consciousness, two of which are known to you and two are unconscious to you. The lowest level of consciousness is called ego. It's this state of conscious that you experience when you experience limitation, judgment, negativity, attachment or fear. The spiritual definition of fear is that which you experience when you are not experiencing divine love. Divine love is unconditional, unlimited love. Or you can call it all-conditional love. Love is not an emotion, it's a state of being. It's "I love". It's not necessarily "I love you", it's "I love; I experience love for everything equally". It's not "I love if..." or "I love but...". It's "I love no matter what", with no limits and no conditions. "I love no matter what". This is divine love.

Fear is the opposite of love. Any state of consciousness that you experience that is not divine love is a form of fear. This means anger is fear, jealousy is fear, fear is fear, low self-esteem is fear, hatred is fear; anything that is not divine, ever-present love, is a form of fear. Fear is a quality of the ego, and the ego is the lowest level of consciousness that we experience. It is conscious to

you. You're aware of it. When you're angry you know it. You might deny it but you still know it. When you're depressed you know it. When you're feeling anxiety you know it, you're conscious of it.

Above the ego level of consciousness is the higher conscious or higher consciousness. This higher conscious is the window through which soul views the world. While experiencing this higher conscious level you are experiencing a detachment from fear, a detachment from negativity, a detachment from all of the qualities of the ego. This is the state of consciousness that you experience when you are in meditation, contemplation, or divine love. When you are searching to understand yourself, the universe and your place in it, you are in the higher conscious. When you let go of judgment and allow what is to be just what is, then you are in the higher conscious state. When there is no right, no wrong, no good or bad, and you center yourself in the here and now, observing without entanglement, you are experiencing life from the higher conscious point of view. The higher conscious is a state of being. Frequently time is altered or shifted in this consciousness and is not perceived in the same way, as if it goes faster, slower, or even disappears. The higher conscious is the highest level of conscious that you are aware of, you are conscious of. It's not unconscious to you. You know it when you're there and you know it when you've been there.

These two conscious parts of you, the ego and the higher conscious, are a very small part of your whole being. Together they make up about $\frac{1}{2}$ to $1\frac{1}{2}$ and sometimes 2 percent of your whole entire being. The other 98 to 99 $\frac{1}{2}$ percent of your whole being is unconscious to you, unconscious but not asleep. Unconscious simply means unaware to you. It exists whether you are aware of it or not.

Above the higher conscious is the first level of the unconscious, which is called the subconscious. This level of Being has a memory of everything you've ever experienced in this life, whether you are consciously aware of it or not. Most people have forgotten most of their experience of this life, but the subconscious remembers the whole thing. Your experience is not lost to you when it's forgotten. It's still a part of you.

Above the subconscious is the superconscious. This level of being has a memory of all your experiences in all of your incarnations.

There are fundamental truths of the human experience. These truths do not require human belief or human consent to exist. They exist anyway, whether we believe in them or not. One of these truths is reincarnation exists; you have experience of this plane at other times, and sometimes the experience of other

lifetimes has an effect on this lifetime – SOMETIMES BUT NOT ALWAYS! If the consciousness you experience in other lifetimes has influence on your experience of this lifetime, then it will be seen in this reading. But don't look forward to hearing that you were some great king of Egypt or priest of Atlantis or something like that. Probably more people have been told that they were great kings of Egypt than actually existed! The reading will give concrete information about the nature of your spiritual path, so it will deal more about the CONSCIOUSNESS you have experienced, rather than your physical experiences.

Another fundamental truth of the universe is YOU create your own reality. By reality I mean the experience of life. You create it 100 percent. Nothing you experience is apart from your creation. This reading will tell you how you do it. Your reality manifests in different ways simultaneously through the different levels of your being. You are aware of 1 or 2 percent of your creation because that's how much of your conscious being you are aware of.

Consciously you create your reality through decision making, by deciding to do something and then doing it. We are consciously aware of some of the effects of our decisions, but not all of them. The effects of our decisions might be short lived, or they might last a long time, even lifetimes. And time has a way of erasing memory so that we can become unaware of the effects of our decisions.

Subconsciously you create your reality through your beliefs. If you have a belief in something, your reality will crystallize around that belief. You have conscious beliefs and unconscious beliefs and they might or might not be the same. Remember that the subconscious is much bigger than the conscious which means that subconscious beliefs might be stronger than conscious beliefs. You might believe one thing consciously and something completely different subconsciously. But where 51 or more percent of your belief is, thereby you create your reality. Your life is a reflection of your beliefs, whether conscious or unconscious. The greater the belief, the faster, stronger, and more repetitious the reflection of that belief will show around you.

On the superconscious level you create your reality through karma. Karma is a totally divine system of balance – the balance of cause and effect. There's 3 types of karma that I understand – the karma of action, the karma of desire, and the karma of fear. The karma of action states that what you give you receive, what you sow you reap, what goes round comes around. It might not return to you exactly the way it left, but the energy behind it will balance out. If you give love you receive love. If you are compassionate you will receive compassion. If you hurt someone you will in turn be hurt - in energy if not in appearance.

There are three types of action, love action, neutral action, and fear action. Love action creates positive balance. Neutral action is balanced. And fear action creates a negative balance. Love actions are actions of love. Selfless service without any desire for the fruits of your actions, compassion, etc. These are actions which uncover love. Neutral action is tricky. It's a very fine line. They are actions in which energy is neither gained or lost. Fear action is selfish action, ego based action; action out of fear, actions that hurt someone, etc. A negative karmic balance or karmic debt can be brought to equal or positive balance through illness, accident, the loss of something, or by doing positive, loving actions, and forgiveness.

The karma of desire is created by a sense of separation, as if a separation exists between you and what you desire. Separation in Reality does not exist because God is everywhere. Therefore the karma of desire is the karma of illusion. The only ways to end this karma are either to fulfill your desires or let them go.

The karma of fear IS the karma of illusion. Remember what fear is. It is what you experience when you are not aware of Divine Love. God is Divine Love and God is all there is - everything - every space and beyond space, every time and beyond time, every dimension and beyond that - everything - All There Is! And if that vision is not perceived then something must be covering up the vision of Divine Love, and that something is and will always be fear.

Fear appears to be the opposite of Love. But God, Who is All There Is, can have no opposites. There is no opposite of God. The appearance of something that is not Divine Love is an illusion. But humans often believe in fear. This means that we often believe in illusions.

Superconscious is responsible to correct illusions. Fear is a perception of separation from God. But how can you be separate from God??? The way Superconscious works is it brings you what you need in your life to clear or balance your karma, and to wake up Spiritually. If you have a fear you absolutely WILL see it in your life. Jesus said, "Fear not, lest ye bring it upon yourself." If you have a fear, you, or your superconscious will bring it to you. It's a law of nature, you CANNOT break this law. You can try. You can postpone your encounter with fear, you can run from it; hide from it. But sooner or later, either in this life or another, you will face it, and then the test is yours. How you react to the fear is the test. If you react with love, by letting go of the fear and seeing the Reality beyond it, you pass the test and you will not be tested again about that fear,

unless you allow that fear to return. Love is the answer to the test of fear. Love can relieve you of that burden of karma. By and through Love, you can realize the nature of your Self and the universe.

The job of the superconscious is to clear or balance your karma as soon as possible after it has been incurred, and most of this happens completely unconscious to you. The superconscious knows your karma and brings to you the experiences you need to give you a chance to balance this karma and see things anew. That's how your reality is created on this level of consciousness. Consciously you might think that you are not connected to the situation outside yourself, and that it is an accident or coincidence that you are where you are when you are, but another fundamental truth of the universe is that there ARE no accidents or coincidences. You do not just randomly walk into situations. You actually bring them to you for your own growth, learning and good. If something you don't like happens over and over in your life, there is a message in there. This message is that you failed the previous test and you're being tested again, and you will continue to be tested until you pass this test. Superconscious is patient. If you don't get it right, Superconscious will test you over and over and over. If you don't get it right in this life, it will give you a chance in another life, and this is how other lives can effect this life.

Most of this is happening "behind the scenes". Superconscious is setting up situations that it KNOWS you can benefit from. However, consciously you have veto power. You can decide not to take advantage of the opportunities superconscious gives you to clear your karma and see things anew. You can decide instead to run away from it, hide from it, deny it, or react to fear with more fear. The ticket out is awareness! Until now you might have been totally unaware that everything in your life is your own creation. If you are aware that ALL experiences in your life are for your own good you can use that awareness to realize the goodness and rightness of your experience.

The way the reading works, at least from my point of view, is I don't do anything! You are the doer. You have come here and you provide the information. You are creating your own reality 100 percent. I just translate unspoken information into spoken information. Sometimes it feels like I just sit here and become you for an hour or an hour and a half and tell you what it's like to be you from another point of view. But YOU are actually the doer. I just explain how you do it. The information in this reading is going to come entirely from you, from all four levels of your consciousness.

Life is a game. My teacher in India used to say, "Life is a game. Play it!" It really is a game! But it's not like most games in which there is winning and losing. It's more a matter of how you play this game than whether you win or lose, and this game is not over until you win. It's a game of consciousness and being – the evolution of consciousness and the realization of being. It IS like most games in that there is a strategy, there's a beginning and an end, there's rules and regulations, there's pitfalls and obstacles, there's a playing board, and there's even players, which are you and me. But ultimately God is ALL of those.

Most of us are totally unaware of what life is all about. Most of us are totally unaware that we are a part of a great game and intimately connected with God, because most of us are all caught up in the world. We believe in the world.

Basically the game is about separation. The beginning of the game happened when you, as a conscious being, had the idea of separation from your universe – from God – as if you're one thing and God is another, or you're one thing and the whole universe is another. Or the whole universe is billions of other things. This happened what seems like a long long time ago. If you feel you are separate from other people, the stars, or trees, or anything then you're somewhere in this game. The end of the game occurs when you fully realize that there IS no separation and separation never DID exist in the first place. It was all an illusion! It was all a dream.

It's as if you are dreaming it's possible that God took pieces of Himself and put them on a table and is just watching to see when and how these little pieces of Himself are going to come back Home. But the table is illusion. It is nothing separate from God Himself. There IS nothing separate from God! But these little pieces of God, which are us – we THINK we're separate, and He's just waiting to see when and how we realize we're not separate, that we're a part of Him and His Consciousness is where we came from and where we belong. The game is up to us. We make our own choices, follow our own beliefs, and create our own realities on our way Home. God says yes. He's just watching the show. He's just witnessing. He's the Eternal Witness. Sometimes one of these little pieces will call out to his creator for help and God will hear and act just like a parent will help a child. It's similar to a mother/father watching his small children play on the playground. They'll toss and tumble, play happily or unhappily, hurt themselves or another child, and play some more. Eventually the child will not want to play any more and come to rest in his mother/father's arms.

Point A is the beginning of the game when separation consciousness occurred. And Point B is the end of the game where consciousness fully realizes unity with God. This is called different things – enlightenment, Self or God

Realization, the awakening, the atonement, which is at-one-ment, and going Home.

Like most games this game has obstacles. It has things which stand in our way blocking us from remembering who we are. And like most games this game has a playing board. It just so happens that one of our obstacles IS the playing board. The universe is our playing board. That is the world – the trees, the bills, the people, the traffic, the stars, fire water, earth, air, and ether. This playing board appears as though it is millions of separate things but actually the whole universe is in the mind of God and God is One. But as part of the game we gave the playing board the appearance of separation and gave ourselves the nature of suggestibility; that is we are very suggestible. Because we are very suggestible we tend to believe the suggestions given to us, and the universe constantly suggests that separation is real. Not only that, all of the aspects of the universe are constantly calling on us to believe in them. You look at the stars, the stars say, “Believe in me. Believe in my separation.” You look at the people, the people say, “Believe in me. Believe in my separation.” You look at the trees, the trees say, “Believe in me. Believe in my separation.” Everything says, “Believe in my separation.” And we are very suggestible. We tend to believe that the separations we see in the universe are real – that the stars are really separate, that the people are really separate, that everything is really separate. Our belief in the universe has made the playing board an obstacle in the game of going Home where there is no consciousness of separation.

Another obstacle is ego which is the lowest level of consciousness where there is fear, negativity, judgment, attachment, and limitation. God is Love and only Love. These ego qualities seem to be the opposite of That. Home is Love, 100 percent and no less. Home is also a state of consciousness. This whole game is about YOUR state of consciousness. If you experience less than 100 percent Love, you are not Home in your mind, you’re still playing the game. Any part of your consciousness that is not Love is ego. In order to be 100 percent Love you have to be zero percent ego. That means the ego has to end, it has to die, and this has been taught in spiritual scriptures throughout the world. The thing that makes the ego an obstacle is it doesn’t WANT to die. In fact, it has a program to survive at all costs. It will do anything to survive. It’s ALLOWED to do anything to survive. And it will try to make you believe in illusions – anger, fear, jealousy, self-doubt, hate, separation, or whatever else it can use to stay alive. It will try to justify your anger. It would rather be right than happy. And it’s part of the game.

The ego is actually the inbuilt saboteur. It’s a part of consciousness that doesn’t WANT you to go Home. You are in a game of going Home. You’re walking Home and everybody is playing this game although most people don’t realize it.

The ego is trying to sabotage your journey to prevent you from going Home. It has to. It's programmed to survive and going Home means death to the ego. Its fighting to survive makes it a powerful obstacle.

Another obstacle in the game is karma. All karma must be cleared or balanced to go Home. All things must pass in the way we see them and must be seen anew. That's just it.

This reading is to help you understand where you are in the game of life, at least that's my feeling about it. If you consider the game to be a stairway, call it the Stairway to Heaven, which is not a place but a state of consciousness, the reading will help you be aware of what step you're on. It will talk about the next step, not 2 or 10 steps in advance, but the very next step, what obstacles you might find reaching this next step, and what you have inside you to help you to overcome these obstacles. Ultimately it is to help you be aware of some of the obstacles to your awareness of Love's Presence.

That's basically what this reading is all about. And you have some responsibilities in this reading. It's your responsibility to stop me if you have any questions, if you want me to slow down, define something, speak more clearly, go into more detail about something, go to the bathroom to get that off your mind during the reading, or whatever reason. It's especially important for you to stop me if you have any disagreements. It's especially important to stop me as soon as these disagreements arise. I will take silence on your part to be agreement, so if there's any disagreement, please speak up. If there is a disagreement, it's my fault. In most cases a disagreement is the result of me not being clear or accurate enough in my translation. And in most cases if I say the same thing with different words, or expound on the subject some more, the disagreement is cleared up.

If a disagreement comes up I'll check my source of information to see that I haven't strayed from it or to see if it has changed or not. If my inner feeling hasn't changed and I can't find better words to describe the feeling, it could be that what I'm saying is coming from a place in your consciousness that you're not aware of, and that could take some time for you to get it. You might wake up some morning and understand it, or during some inner contemplation or time of honesty with yourself you might get it. Be patient. Sometimes it takes time. More than once I've had feedback that it took two years to finally understand what I was talking about.

If there is a disagreement I could also be wrong and there are also times when you and I might NEVER know if I'm right or wrong, such as past life information – it's very hard to verify past life information. But generally the

information is accurate. It does have a very high rate of positive feedback. And, it IS possible for me to be wrong, BUT it's not my job to be right! My job is only to talk, only to translate the inner feeling as best as possible into spoken words. Whether or not those words are right, that's not my job. My job is ONLY to be the messenger of those words. But most of the time it does turn out that it is correct.

The reading will be completely confidential. Nobody is going to know about it except for you and me and I'm going to forget about it very soon. In fact, because my eyes are closed throughout the reading I often forget even the faces of the people who have a reading. So please don't be surprised or offended if later on we meet and I don't remember you. I will probably forget the WHOLE thing and it's better for both of us that way. This information is private for you. It comes from you and it goes to you. I won't talk about it to anyone else. At least I will never mention your name.

This reading is a spiritual service and can have great value on your path. Ultimately you will give it all the value it has for you. The value I place on my part is \$90 USD or 80 Euros. If you want a reading and would value it that much then click [here](#) to donate in advance. If, after the reading, you find it to be of more value then I am grateful to receive any additional contribution. The price is negotiable for those who would pay but don't have it. When I receive the message that your donation has been received I will contact you to schedule your reading.

Thank you for giving me the opportunity to do this reading.